

Argentine Tango Workshop

with Christy Coté & Darren Lees

Singles welcome, no partner required.

Friday, April 7th

8:30 – 9:30 pm Chamuyo 9:30 – 11:00 pm Milonga

Kick off the evening with a *free* discussion group (chamuyo). Christy will discuss the music, culture, history, and future of Tango, and maybe even some stories from her recent trip to Buenos Aires. Continue the evening with refreshments, music, and dancing. \$5 donations welcomed.

Saturday, April 8th

1:00 – 2:30 pm Basics (Beginner)

If you are a beginning level dancer, this is the class for you. Christy & Darren's clear teaching style will have you moving gracefully in no time.

2:30 – 4:00 pm Follower's Technique (all levels)

Tango Barre -- A must for all Followers and Leaders. Productive exercises will highlight detailed technique for the 6 fundamental elements of Walking, Cruzada, Forward & Back Ochos, Molinetes and Boleos. Leaders gain a greater understanding of the structure of the dance.

4:30 – 6:00 pm Improvisation & Embellishments

If you feel locked into patterns and are searching for a truly improvised and beautifully embellished Argentine Tango, this is the workshop for you. Take your dancing to a higher level with an improvised, interesting, and musical approach. For Intermediate level dancers.

Sunday, April 9th

1:00 – 2:30 pm Technique for Close Embrace

The main focus of this class will be on the techniques of leading close embrace tango where two really do dance as one. But ladies, don't think you won't get anything out of this class, Christy wouldn't let that happen! For all levels of dancers.

2:30 – 4:00 pm Musicality (all levels)

Exploring the music of Argentine Tango - This is about knowledge. Understanding the music is the key to having an outstanding dance experience regardless of your skill level.

4:30 – 6:00 pm Milonga con Traspie

Apply Close Embrace Tango technique to this fun and upbeat predecessor to Tango using syncopations to express musicality. For Intermediate level dancers.



All Workshop Events at Central Coast Dance: 2004 10th St., Los Osos. From Hwy 101 (north or south), exit on Los Osos Valley Rd. Proceed 10 miles Northwest to Los Osos and turn Right on 10th St., continue 2 blocks to Central Coast Dance on the corner of Santa Ynez Ave., above Los Osos Liquor. Please park on the street, because the lot is reserved for convenience store customers.

The last 15 minutes of each class will be for practice and/or warm-up for next class. Please try to arrive early so you don't miss anything.

Cost: \$25 per person per class. Register for multiple classes and save: 3 for \$70, 4 for \$80, 5 for \$90 or all 6 for \$100. One-hour **private classes** also available for \$80 per couple, contact Rich to schedule.

Christy's web site is at www.christycote.com.

For more info: see www.sloTango.org or call Rich, (805) 783-0569.